

Square Dance Moves - Mainstream Checklist

- Date: The date when each move was first learned

- Check the column for each move that best indicates your current knowledge of the move

- **A:** I understand this move, **B:** I need a brief review, **C:** I do not understand this move

| | MAINSTREAM | Date | A | B | C | Notes |
|------------|---|-------------|----------|----------|----------|--------------|
| M01 | Cloverleaf | | | | | |
| M02 | Turn Thru | | | | | |
| M03 | Eight Chain Thru / Eight Chain 1, 2, 3, etc. | | | | | |
| M04 | Pass to the Center | | | | | |
| M05 | Thar Family | | | | | |
| M05a | Allemande Thar | | | | | |
| M05b | Allemande Left to an Allemande Thar | | | | | |
| M05c | Wrong Way Thar | | | | | |
| M06 | Slip the Clutch | | | | | |
| M07 | Shoot the Star / Shoot the Star Full Around | | | | | |
| M08 | Single Hinge / Couples Hinge | | | | | |
| M09 | Centers In | | | | | |
| M10 | Cast Off 3/4 | | | | | |
| M11 | Spin the Top | | | | | |
| M12 | Walk and Dodge | | | | | |
| M13 | Slide Thru | | | | | |
| M14 | Fold / Cross Fold | | | | | |
| M15 | Dixie Style to an Ocean Wave | | | | | |
| M16 | Spin Chain Thru | | | | | |
| M17 | Tag the Line Family | | | | | |
| M17a | Tag the Line (In / Out / Left / Right) | | | | | |
| M17b | Tag The Line - Fraction (1/4, 1/2, 3/4) | | | | | |
| M18 | Scoot Back | | | | | |
| M19 | Recycle | | | | | |

Notes: