

CALLERLAB (NEW) MAINSTREAM PROGRAM

Effective September 1, 2026

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| <ol style="list-style-type: none"> 1. Arm Turn Family <ol style="list-style-type: none"> a. Right/Left Arm Turn b. Allemande Left/Right 2. Bend the Line 3. Box the Gnat 4. California Twirl 5. Cast Off 3/4 6. Centers In 7. Circle Family <ol style="list-style-type: none"> a. Circle Left/Right (1/4, 1/2, 3/4, Full) b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full) c. Single Circle Left/Right (1/4, 1/2, 3/4, Full) 8. Circulate Family <ol style="list-style-type: none"> a. Couples Circulate b. (Named Dancers) Circulate c. All Eight Circulate d. Single File (Column) Circulate e. Box/Split Circulate 9. Courtesy Turn 10. Dive Thru 11. Dosado 12. Double Pass Thru 13. Extend 14. Ferris Wheel 15. First Couple Go Left/Right,
Next Couple Go Right/Left 16. Flutterwheel / Reverse Flutterwheel 17. Fold / Cross Fold 18. Grand Square 19. Half Sashay Family <ol style="list-style-type: none"> a. Half Sashay b. Rollaway c. Ladies In, Men Sashay 20. Hinge Family <ol style="list-style-type: none"> a. Single Hinge b. Couples Hinge 21. Ladies Chain Family <ol style="list-style-type: none"> a. Ladies Chain / Ladies Chain 3/4 b. Four Ladies Chain / Four Ladies Chain 3/4 c. Chain Down the Line 22. Lead Right/Left 23. Ocean Wave Family <ol style="list-style-type: none"> a. Step to a Wave b. Dosado to a Wave c. Single Circle to a Wave d. Alamo Style e. Balance | <ol style="list-style-type: none"> 24. Pass the Ocean 25. Pass Thru 26. Promenade Family <ol style="list-style-type: none"> a. Couples Promenade b. Single File Promenade c. Star Promenade d. Wrong Way Promenade 27. Recycle (From Waves Only) 28. Right and Left Grand Family <ol style="list-style-type: none"> a. Right and Left Grand b. Weave the Ring c. Wrong Way Grand 29. Right and Left Thru 30. Run / Cross Run 31. Scoot Back 32. Separate Family <ol style="list-style-type: none"> a. Separate b. Separate Around 1 or 2 to a Line c. Separate Around 1 or 2 and come into the middle 33. Slide Thru 34. Spin the Top 35. Split Two 36. Square Thru / Left Square Thru 37. Star Right / Left 38. Star Thru 39. Sweep a Quarter 40. Swing 41. Swing Thru / Left Swing Thru 42. Tag the Line Family <ol style="list-style-type: none"> a. Tag the Line (In / Out / Left / Right) b. Fraction (1/4, 1/2, 3/4) Tag 43. Touch a Quarter 44. Trade Family <ol style="list-style-type: none"> a. Couples Trade b. (Named Dancers) Trade c. Right/Left Hand Trade d. Partner Trade 45. Trade By 46. Turn Back Family <ol style="list-style-type: none"> a. U-Turn Back b. Backtrack 47. Veer Left/Right 48. Wheel and Deal 49. Wheel Around / Reverse Wheel Around 50. Zoom |
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