

Square Dance - Basic & Mainstream Moves

	BASIC - PART ONE		BASIC - PART TWO
01	Circle Left / Circle Right	33	Wheel Around
02	Forward and Back	34	Box the Gnat
03	Dosado / Dosado to a Wave	35	Trade Family
04	Swing	35a	(Named Dancers) Trade
05	Promenade Family	35b	Couples Trade
05a	Couples (Full, 1/2, 3/4)	35c	Partner Trade
05b	Single File Promenade	36	Ocean Wave Family
05c	Wrong Way Promenade	36a	Step to a Wave
05d	Star Promenade	36b	Balance
06	Allemande Left	37	Alamo Style
07	Arm Turns	38	Swing Thru / Left Swing Thru
08	Right and Left Grand Family	39	Run / Cross Run
08a	Right and Left Grand	40	Pass the Ocean
08b	Weave the Ring	41	Extend
08c	Wrong Way Grand	42	Wheel and Deal
09	Left-Hand Star / Right-Hand Star	43	Zoom
10	Pass Thru	44	Flutterwheel / Reverse Flutterwheel
11	Half Sashay Family	45	Sweep a Quarter
11a	Half Sashay	46	Trade By
11b	Rollaway	47	Touch 1/4
11c	Ladies In, Men Sashay	48	Ferris Wheel
12	Turn Back Family		
12a	U-Turn Back		MAINSTREAM
12b	Backtrack	M01	Cloverleaf
13	Separate Family	M02	Turn Thru
13a	Around 1 or 2 to a Line	M03	Eight Chain Thru / Eight Chain 1, 2, 3, etc.
13b	Around 1 or 2 and Come Into the Middle	M04	Pass to the Center
14	Split Two	M05	Thar Family
15	Courtesy Turn	M05a	Allemande Thar
16	Ladies Chain Family	M05b	Allemande Left to an Allemande Thar
16a	Two Ladies Chain (Reg. & 3/4)	M05c	Wrong Way Thar
16b	Four Ladies Chain (Reg. & 3/4)	M06	Slip the Clutch
16c	Chain Down the Line	M07	Shoot the Star / Shoot the Star Full Around
17	Do Paso	M08	Single Hinge / Couples Hinge
18	Lead Right	M09	Centers In
19	Veer Left / Veer Right	M10	Cast Off 3/4
20	Bend the Line	M11	Spin the Top
21	Circulate Family	M12	Walk and Dodge
21a	(Named Dancers) Circulate	M13	Slide Thru
21b	Couples Circulate	M14	Fold / Cross Fold
21c	All Eight Circulate	M15	Dixie Style to an Ocean Wave
21d	Single File Circulate	M16	Spin Chain Thru
21e	Split/Box Circulate	M17	Tag the Line Family
22	Right and Left Thru	M17a	Tag the Line (In / Out / Left / Right)
23	Grand Square	M17b	Tag The Line - Fraction (1/4, 1/2, 3/4) Tag
24	Star Thru	M18	Scoot Back
25	Double Pass Thru	M19	Recycle (From a Wave Only)
26	First Couple Go Left, Next Couple Go Right		
27	California Twirl		
28	Walk Around the Corner		
29	See Saw		
30	Square Thru (1, 2, 3, 4)		
30b	Left Square Thru (1, 2, 3, 4)		
31	Circle to a Line		
32	Dive Thru		